

# COACH EDUCATION INFORMATION PACK

SUPPORTED BY







# MARIJKE FLEUREN

## EHF PRESIDENT

"On behalf of the European Hockey Federation I would like to extend a warm welcome to you, the European Hockey family.

The European Hockey Federation is committed to ensuring that hockey continues to be a sport where education, support and training is available at every level of your journey.

These following programmes are an important part of our educational activities, and we continue to grow our offers with each passing year.

We are very proud to have developed the following framework. Every level of the game must be supported by enjoyable, interactive and professional programmes with clear outcomes. I am positive that you will be engaged, empowered and inspired through your own journey.

To our stakeholders the National Associations of Europe, the EHF Educators and all the volunteers and staff at the EHF thank you for your contributions towards this impressive set of educational programmes.

To all the participants, I wish you great learning, improvement and not least fun. I look forward to seeing and hearing about all that takes place.

Enjoy & build friendships for life!"



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# WORLD CLASS EDUCATION

# MISSION

### GOAL



# BUILD UPON THE PROGRAMME LEGACY FROM THE PAST DECADE

Creating a systematic educational framework which engages equitable and equal learning opportunities, providing even more high-quality coaches, across more nations at each level of the game.

### EXPECTATION



# THAT EVERY COACH IS RESPONSIBLE FOR THEIR OWN DEVELOPMENT

EHF will support and facilitate this by offering a world-wide network, inspiring workshops, on-the-job training and opportunities to progress.

# PRINCIPLES

### **WHAT**



AN INTERACTIVE FRAMEWORK
With defined intellectual outcomes.

### WHO



**FOR EVERYONE** 

At every level.

### WHERE

WHEN



CONNECTED ACROSS EUROPE
To inspiring events.

### ro mophing cv



**SCHEDULED MODULES AND SEMINARS**Each year for each programme.

### WHY



**EQUITABLE AND FAIR LEARNING** Environments for all.

### HOW



NEW MODULE LEARNING OUTCOMES Fun, freedom and inspiration.

## PILLARS

# GLOBALLY RECOGNISED MENTORS AND EDUCATORS



APPOINTED BY THE EHF AND WILL WORK WITH EACH COACH

Special Guests from across the world of sport and business.

### LEARNING AND SHARING KNOWLEDGE



A NEW MULTI-DIMENSIONAL MODULAR BASED APPROACH

Integrated with practical innovation.

### PROMISING INDIVIDUALS



WILL BE HIGHLIGHTED BY MENTORS AND EDUCATORS

In conjunction with the EHF Coaching Committee.

### TECHNOLOGY



USE AND INTEGRATION WITH ALL TECHNOLOGICAL SYSTEMS

Used globally across coaching.

### **EXPERIENCE**



**ENVIRONMENTS AND CULTURES** 

Across all the member nations of the European Hockey family.



### RESOURCE & LEARNING TOOL



Participants and educators on the EHF programmes have individual profiles via the Coach Logic platform. Used for feedback, assessment and evaluation purposes.

Coach Logic is a collaborative learning platform for sports teams where everyone's an analyst.

### **UPLOAD VIDEOS**



It's quick and easy to get your footage onto Coach Logic, in any video format. It's then available on the cloud, allowing your players to access it at a time convenient to them.



### **MATCH REVIEW**

Video is a very powerful coaching asset. By engaging players in the process of match review they will improve their understanding of their own and their teams' skill-sets.

### **ENCOURAGE DISCUSSION**



Get valuable insight into what your players know by discussing key match moments. Coach Logic allows you to drive collaboration, with direct or group-wide messaging.



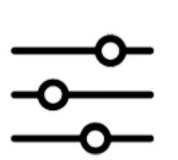
### **UPLOAD**

Nothing gets lost. Cloud storage allows you and your players to access footage - any time, any place, any device.

# 

### OFFLINE ANALYSIS INTEGRATION

If you're currently using desktop software for match analysis, Coach Logic allows you to share insights with the playing and coaching group easily by syncing the timeline to match footage.



### FILTERS AND PLAYLISTS

Video tagging, filters and playlists allows you to highlight objectives for the team and individual development, breaking up the game into the key moments for easy navigation.





FRAMEWORK

# TOP COACHES PROGRAMME

FIH ACADEMY LEVEL 3

# Coaches must be at OR aspiring to coach at

- Top European Clubs (and/or)
- National Teams from U21 upwards.

Two year programme

Nominated via the EHF Officials
Committee

# COACHES FOR EUROPE

FIH ACADEMY LEVEL 2

Coaches must be at OR aspiring to coach at

- Good European Clubs (and/or)
- National Teams from U14 upwards.

Two year programme

Nominated via the EHF Officials Committee

### SUPPORTING NATIONAL GROWTH

FIH ACADEMY LEVEL 1

EVERYONE interested in developing coaching

National Federation contacts EHF directly to discuss bespoke options



### PROGRAMME LEVEL GUIDE

TOP COACHES PROGRAMME

COACHES FOR EUROPE

Highlighted are the minimum levels a coach should hold for a nomination onto either of the above programmes.

Please use the FIH Academy as a guidance if your nation is not listed.

It is the responsibility of the National Association to nominate coaches onto these programmes.

### National Associations provided this information in consultation meetings with the EHF for their own guidance

BELGIUM (VHL)	BELGIUM (LFH)	SPAIN	FRANCE	FIH ACADEMY	GERMANY	GREAT BRITAIN	IRELAND	NETHERLANDS
ASPIRANT-INITIATOR	Animateur	BASIC	LEVEL 1	LEVEL 1	LEVEL C	INTRO	FUNDAM	BASIC
INITIATOR	INITIATOR	LEVEL 1	LEVEL 2	LEVEL 2	LEVEL B	SESSIONAL	LEVEL 1	HT2 Youth
INSTRUCTEUR B	Educateur	LEVEL 2	VOL. DIPLOMA	LEVEL 3	LEVEL A	COACH	LEVEL 2	HT2 11v11
Trainer B	Entraineur	LEVEL 3	PRO.DIPLOMA	LEVEL4	DIPLOMA	ADVANCED	LEVEL 3	HT3
TRAINER A			PERFORMANCE	HP				HT4



## ANNUAL DELIVERY MAP

JANUARY 2021 SUN 24TH (18:00 TO 21:00)	MARCH 2021 MON 15TH (13.00) FRI 19TH (13:00)	MAY 2021 SUN 2ND (18:00 TO 21:00)	JUNE 2021 SUN 6TH (13.00) THUR 10TH (13:00)	SEPTEMBER 2021 SUN 5TH (18:00 TO 21:00)	OCTOBER 2021	NOVEMBER 2021
WORKSHOP 1 ONLINE	SEMINAR 1 CZECH REPUBLIC	WORKSHOP 2 ONLINE	SEMINAR 2 EHC NETHERLANDS	WORKSHOP 3 ONLINE	CALL FOR NEW NOMINATIONS	SELECTION CONFIRMED BY EHF
WORKSHOP 1 ONLINE	SEMINAR 1 SCOTLAND	WORKSHOP 2 ONLINE	SEMINAR 2 EHC NETHERLANDS	WORKSHOP 3 ONLINE	CALL FOR NEW NOMINATIONS	SELECTION CONFIRMED BY EHF







# COACHES

# COACH EDUCATION

COACHES FOR EUROPE (EHF C4E)

### **OVERVIEW**

The EHF C4E is an international coaching programme designed to encourage the coach to think about the philosophy of coaching through individual technical, individual tactical and team tactics. For coaches who have already advanced their development and showing potential to become high performing within their chosen environment.

### **LEARNING**

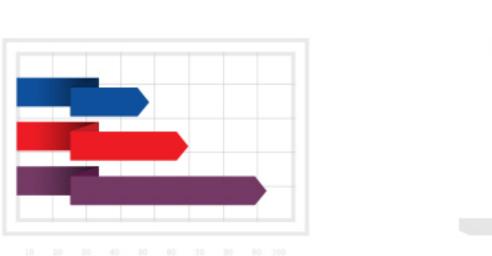
A comprehensive blended learning approach through a mixture of face to face seminars and online workshops. With dedicated mentors and group work between year 1 and year 2 cohorts. Participants will be mentored by globally recognised EHF trained educators. Inspiration and learning will also be provided through engagement with special guests from sport and business.





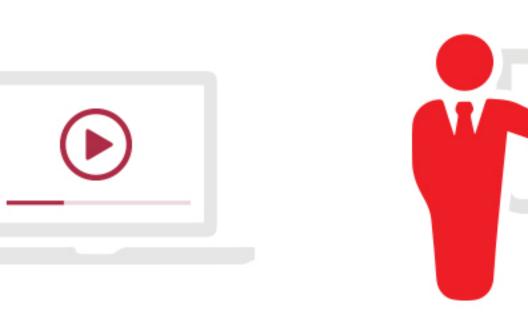
How & When

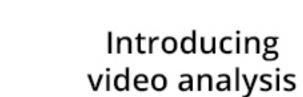




Core skill

improvements





Presentations skills to teams

### coaching plans

**CRITERIA** 

Coaches must be at OR aspiring to coach at

- Good European Clubs (and/or)
- National Teams from U16 upwards.

### HOW

National Association nominates



2 YEAR PROGRAMME

ANNUAL NOMINATIONS BY NATIONAL ASSOCIATIONS

The EHF announce each October the new cohort



30 PARTICIPANTS

**GENDER BALANCED** 

All EHF National Associations eligible



AGE INDICATION

Exceptions taken on a case by case basis



CERTIFIED PROGRAMME

FIH ACADEMY LEVEL 2

EHF trained educators and mentors



1600 REAL COST PER COACH PER YEAR

1090 PER COACH PER YEAR INVOICED TO NA's

The difference is funded by the EHF Solidarity grant

LANGUAGE



THE PROGRAMME WILL BE CONDUCTED IN ENGLISH

Participants must speak, write and present in English



FOUR EUROPEAN BASED SEMINARS

FOUR DIFFERENT LOCATIONS

Attached to EHF approved events and competitions



WORLD CLASS EDUCATORS

Multiple World Class guest contributors



VIDEO ANALYSIS

**ACCESS TO COACH LOGIC & EHF WEBINAR SERIES** 

Including practical reviews of live matches



# **COACHES FOR EUROPE**

# COACH EDUCATION

COACHES FOR EUROPE (EHF C4E)

### GENERAL TOPICS

### SEMINAR 1 YEAR 1

Individual Technical Skills



1. How to present and why it matters as a hockey coach



2. Individual Technical Principles



3. Basics of Coaching Individual Technical Skills



4. Basics of Coaching Individual GK Technical Skills

### SEMINAR 2 YEAR 1

Individual Offensive Tactical Skills



5. How to coach, why we coach is important



6. Individual Tactical Coaching (Offensive principles with defensive analysis)



7. Differences in individual tactical analysis principles



8. Basics of Coaching Individual GK Tactical Skills

### SEMINAR 3 YEAR 2

Individual Defensive Tactical Skills



The art of communication; watch, listen, ask, explore



10. Individual Tactical Coaching. (Defensive principles with offensive analysis)



11. Talent Development



12. Technology: Why and what to use to support your coaching

### SEMINAR 4YEAR 2

**Team Tactics** 



13. Importance of Individual skills in team tactics



14. Applying different models for Team Tactics



15. How to use technology for Team Tactics



16. Summary of individual & team technical and tactical skills



# OP COACHES PROGRAMME

# COACH EDUCATION

## TOP COACHES PROGRAMME (EHF TCP)

### **OVERVIEW**

The EHF TCP is an international coaching programme designed to encourage the coach to think about elite coaching principles and the practical implementations through from on field tactics to philosophy of managing elite teams. Developing their ambition to deliver World Class Performances. For coaches who have already or have set their site of coaching within elite clubs and / or National teams.

### **LEARNING**

A comprehensive blended learning approach through a mixture of face to face seminars and online workshops. With dedicated mentors and group work between year 1 and year 2 cohorts. Participants will be mentored by globally recognised EHF trained educators. Inspiration and learning will also be provided through engagement with special guests from sport and business.





Managing staff

& athletes



Live match

analysis







Lifestyle & Team Year recruitment plan

### High Performance

CRITERIA
Coaches must be at OR aspiring to coach at

- Top European Clubs (and/or)
- National Teams from U21 upwards.

### **HOW**

National Association nominates



2 YEAR PROGRAMME

ANNUAL NOMINATIONS BY NATIONAL ASSOCIATIONS

The EHF announce each October the new cohort



30 PARTICIPANTS

**GENDER BALANCED** 

All EHF National Associations eligible



AGE INDICATION

18-

Exceptions taken on a case by case basis



CERTIFIED PROGRAMME

FIH ACADEMY LEVEL 3

EHF trained educators and mentors



1600 REAL COST PER COACH PER YEAR

1090 PER COACH PER YEAR INVOICED TO NA's

The difference is funded by the EHF Solidarity grant





THE PROGRAMME WILL BE CONDUCTED IN ENGLISH

Participants must speak, write and present in English

FOUR EUROPEAN BASED SEMINARS

**FOUR DIFFERENT LOCATIONS** 



Attached to EHF approved events and competitions

WORLD CLASS EDUCATORS

1:1 MENTORING



Multiple World Class guest contributors

VIDEO ANALYSIS

**ACCESS TO COACH LOGIC & EHF WEBINAR SERIES** 



Including practical reviews of live matches



# OP COACHES PROGRAMIN

# COACH EDUCATION

## TOP COACHES PROGRAMME (EHF TCP)

### GENERAL TOPICS

### SEMINAR 1 YEAR 1

Principles



1. Technical & Tactical Principles



2. High Performance Coaching Principles



3. Principles for Performance & Physiology



4. Behavioural & Learning Principles

# SEMINAR 3 YEAR 2 Culture



9. High Performance Culture



10. Organisation & Management



11. 'Bad news' Player Meetings



12. Identifying in Game Strategies

### SEMINAR 2 YEAR 1

Planning



5. High Performance Plans



6. Game Plan – Appointed U21 National Coach



7. How to work at International Tournaments



8. Team Tactics

### SEMINAR 4YEAR 2

Identification



13. Development & Identification



14. Goalkeeper Integration & Identification



15. Using indoor to your advantage



16. Identifying in game strategies





# COACH EDUCATION TERMS & CONDITIONS

SUPPORTED BY





# OP COACHES PROGRAMM

# COACH EDUCATION

### CRITERIA

# To become a member of the EHF coach education programmes coaches are expected to comply with the following:

- Aged as stated per programme outline
- Have a good level of English written and verbal
- Commit to the programme fully
- Attend all seminars/workshops/programmes organised for participants.
- Be coaching actively within their National Federation
- Be prepared to share the knowledge within their nation.
- Communicate regularly with their mentor and/or educators.
- Create a personal development plan and keep it updated.
- Use the feedback and advice to develop and improve coaching performance.
- Use extra resources at their disposal to develop their coaching performance.
- Each participant must commit to the arrival and departure times:

13:00 Arrival on Day 1 (Either a Sunday or Monday)
13:00 Departure on Day 5 (Either a Thursday or Friday)

### General Requirements All EHF coaches must:

- (a) Be regularly active in their respective role/s at within an FIH-affiliated National Association, not necessarily their own, and active within a Continental Federation;
- (b) Have a complete and up-to-date knowledge and understanding of the relevant Rules of Hockey and Tournament Regulations and their application; and
- (c) Be able to understand and communicate in English.

# Requirements In addition to the general requirements for all coaches specified above

(a) Must have IT skills and a working understanding of video analysis.

### **Terms and Conditions:**

- a. The EHF will directly invoice the National Association of each participant selected for a programme
- b. Payment must be sent before a seminar start date
- c. No refunds will be given if a participant misses a seminar
- d. Participants cannot switch to seminars in other years
- E Individuals may be nominated and selected multiple times for each programme
- F. The EHF Coaching Committee has the final decision on any nomination and/or selection for all programmes

### The price per programme (per year) includes:

- a. Full board & accommodation where necessary
  - i. X2 Seminars (10days)
- b. Plus EHF online workshops access only for TCP and C4E participants
- c. Free access to EHF Webinar Series
- d. Access to world class mentors and educators who lead the programme
- e. Individual online profile account to access material exclusive to the programme
- f. Global expert contributors / special guests from sport and business

# The NA is responsible for booking the participants own flights/travel to each seminar

- a. This will be paid for by the National Association
- b. The EHF will NOT reimburse travel costs
- c. It is the responsibility of each participant to arrive at the venue of each seminar on time.
- d. The EHF will NOT pick up from airports or stations
- e. The EHF will plan carefully to ensure no extra hotel nights are needed





NOMINATION & SELECTION

SUPPORTED BY





# COACH EDUCATION NOMINATION AND SELECTION

TOP COACHES
PROGRAMME

NA NOMINATION LINK

SEPTEMBER 1ST TO 30TH

Selection Period: October

COACHES FOR EUROPE

NA NOMINATION LINK

SEPTEMBER 1ST TO 30TH

Selection Period: October





# CONTACT DETAILS

IF YOU NEED ANY FURTHER EXPLANATION OR DETAILS PLEASE CONTACT

European Hockey Federation Development and Education development@eurohockey.org

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